



We are an Anglo-Catholic Parish in the
Diocese of Ottawa, celebrating 137 years of
worship and service: 1889-2026.



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Mass Booklet & Hymn Book



Christ and the Samaritan Woman
Eglise Notre Dame, St. Etienne, France (17th century)

Third Sunday in Lent

Sunday March 8, 2026, 10:30 a.m.

Solemn High Mass

Our Church stands on the unceded traditional
territory of the Anishinaabe Algonquin Nation.

Organ Prelude

Aberystwyth

Charles Hylton Stewart (1884-1932)

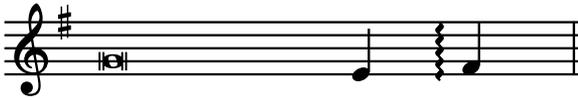
Mass Setting

Service of Holy Communion John Merbecke (c.1510-c.1585)

THE GATHERING OF THE COMMUNITY

Opening Hymn

674 *Thou Shalt Purge Me, O Lord*



O Lord, shew thy mercy up-*on* us.
And grant us thy salva-*tion*.

O Lord, hear *my* prayer.
And let my cry come un-*to* thee.

The Lord be with *you*.
And with thy spi-*rit*.

Let us pray.

Collect

Graciously hear us, O Lord holy, Father almighty, everlasting God: and vouchsafe to send thy holy Angel from heaven; to guard and cherish, to protect and visit, and to defend all who dwell in thy holy habitation. Through Christ our Lord.



A - men.

Introit Proper

Mine eyes are ever looking unto the Lord, for he shall pluck my feet out of the net : look thou upon me, and have mercy upon me, for I am desolate, and in misery. *Ps.* Unto thee, O Lord, to I lift up my soul : my God, in thee have I trusted, let me not be confounded. Glory be ... Mine eyes are ever

looking ...

Opening Greeting p.2

Opening Greeting p.2

The Collect for Purity

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

The Summary of the Law.

Our Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

All: Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Kyrie p.2

Collects

Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. **Amen.**

Almighty God, in your divine providence you have appointed various orders in your Church. Give grace to your servant The Venerable Kathryn Otley, who has been called to the office and ministry of Bishop for your people in our Diocese; fill them with the truth of your doctrine and holiness of life, that they may faithfully serve you, to the glory of your name and for the benefit of your Church; through Jesus Christ our Lord. **Amen.**

THE LITURGY OF THE WORD

The First Reading: Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink.

The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me."

The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord
Thanks be to God.



- 1 O COME, let us sing *un*-to the Lord:/ let us heartily rejoice in the strength of our *sal*-va-tion.
- 2 Let us come before his presence *with* thanks-giv-ing, / and show ourselves glad *in* him with^psalms.
- 3 For the Lord *is* a great God, / and a great King a-*bove* all gods.
- 4 In his hand are all the *cor*-ners^of the earth: / and the strength of the hills is *his* al-so.
- 5 The sea is his, *and* he made it: / and his hands preparèd *the* dry land.
- 6 Come, let us wor-*ship*, and fall down, / and kneel before the Lord *our* Ma-ker.
- 7 For he *is* the^Lord our God; / and we are the people of his pasture, and the sheep *of* his hand.
- 8 Today, O that ye would^hear his voice: / ‘Harden not your hearts as in the Provocation, and as in the day of Temptation in *the* wil-der^ness;
- 9 When your *fa*-thers^temp-ted me, / provèd me, *and* saw my^works.
- 10 Forty years long was I grievèd with that gene-*ra*-tion, and said, / “It is a people that do err in their hearts, for they have not *known* my ways”;
- 11 Unto whom I *sware* in my wrath, / that they should not enter *in-to* my rest.”

The Second Reading: Romans 5:1-11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord
Thanks be to God.

Gradual Hymn

486 *I Heard the Voice of Jesus Say*

Kingsfold

Gradual Proper

Up, Lord, and let not man have the upper hand : let the nations be judged in thy sight. *℣.* While mine enemies are driven back : they shall fall and perish at thy presence.

Tract

Unto thee lift I up mine eyes : O thou that dwellest in the heavens. *℣.* Behold, even as the eyes of servants : look unto the hand of their masters. *℣.* And as the eyes of a maiden : unto the hand of her mistress. *℣.* Even so our eyes wait upon the Lord our God : until he have mercy upon us. *℣.* Have mercy upon us, O Lord : have mercy upon us.

The Gospel: John 4:5-42

The Lord be with you.

And with thy spirit.

✠ The Holy Gospel is written in the fourth chapter of the Gospel of our Lord Jesus Christ according to St John, beginning at the fifth verse.

Glory be to thee, O Lord.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."

The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."

The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!"

The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said

to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth."

The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

Communion Proper

The sparrow hath found her an house, and the swallow a nest where she may lay her young : even thine altars, O Lord of hosts, my King and my God. Blessed are they that dwell in thy house : they will be alway praising thee.

Communion Hymn

384 *Jesu, Thou Joy of Loving Hearts* Eisenach

Ablutions Motet

Hide not thou thy face Richard Farrant (c.1525-1580)

Post Communion Prayer

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical Body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

Blessing and Dismissal pp.17-18

Post-Communion Hymn

105 *With Joy and By the Spirit Led* Morning Hymn

The Angelus p.19

Organ Postlude

Voluntary in A minor John James (d. 1745)

ASSISTING WITH THE SERVICE

Celebrant and Homilist	The Reverend Canon George Kwari
Deacon	Father Donald Tudin
Organist and Choirmaster	Shawn Potter
Subdeacon	Jon Machnee
Reader	Brian Beaven

This service is being live-streamed on YouTube.

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