



# ST BARNABAS

Apostle & Martyr



*Christ driving the Traders from the Temple, El Greco (1541-1614)*

*7<sup>th</sup> March 2021*

## The Third Sunday in Lent

# Missa cantata

**Organ Prelude** II. Prière, III. Cantilène (from 'Quatre Pièces en forme de Messe') *Denis Bédard* (b. 1950)

*Please stand for the entrance of the sacred ministers.*

## The Asperges

*As a cantor sings the Asperges me, the Celebrant sprinkles Holy Water.*

*Cantor* Thou shalt purge me, O Lord, with hyssop, and I shall be clean; thou shalt wash me, and I shall be whiter than snow. *Psalm 51:1* Have mercy upon me, O God, after thy great goodness. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be: world without end. Amen. Thou shalt purge me...

*Celebrant* O Lord, show thy mercy upon us.

*People* **And grant us thy salvation.**

*Celebrant* O Lord, hear my prayer.

*People* **An let my cry come unto thee.**

*Celebrant* The Lord be with you;

*People* **And with thy spirit.**

*Celebrant* Let us pray.

Graciously hear us, O Lord, holy Father Almighty, everlasting God: and vouchsafe to send thy holy Angel from heaven; to guard and cherish, to protect and visit, and to defend all who dwell in thy holy habitation. Through Christ our Lord.

*People* **Amen.**

**Introit** *Oculi mei* *Psalm 25:15-16*

Mine eyes are ever looking unto the Lord, for he shall pluck my feet out of the net: look thou upon me, and have mercy upon me, for I am desolate, and in misery. *Ps.25:1-2* Unto thee, O Lord, do I lift up my soul: my God, in thee have I trusted, let me not be confounded. Glory be ...  
Mine eyes are ever looking ...

## Salutation and Collect for Purity

*Celebrant* The grace ✠ of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with you all.

*People* **And with thy spirit.**

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

**Kyrie** *Service of Holy Communion* *John Merbecke* (c. 1510 - c. 1585)

Lord, have mercy upon us  
Christ, have mercy upon us  
Lord, have mercy upon us

## **The Collect of the Day**

*Celebrant* The Lord be with you;

*People* **And with thy spirit.**

*Celebrant* Let us pray.

*Celebrant* WE beseech thee, Almighty God, look upon the hearty desires of thy humble servants and stretch forth the right hand of thy Majesty to be our defence against all our enemies; through Jesus Christ our Lord. **Amen.**

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

## **THE LITURGY OF THE WORD**

### **Exodus 20:1-17**

And God spoke all these words, saying,

“I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery.

“You shall have no other gods before me.

“You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. You shall not bow down to them or serve them, for I the Lord your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation of those who hate me, but showing steadfast love to thousands of those who love me and keep my commandments.

“You shall not take the name of the Lord your God in vain, for the Lord will not hold him guiltless who takes his name in vain.

“Remember the Sabbath day, to keep it holy. Six days you shall labour, and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

“Honour your father and your mother, that your days may be long in the land that the Lord your God is giving you.

“You shall not murder.

“You shall not commit adultery.

“You shall not steal.

“You shall not bear false witness against your neighbour.

“You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbour's.”

*Reader* The Word of the Lord

*People* **Thanks be to God.**

**Psalm 19** *Caeli enarrant.*

THE heavens declare the glory of God; / and the firmament showeth his handy-work.  
One day telleth another; / and one night certifieth another.

There is neither speech nor language; / their voice cannot be heard;

Yet their sound is gone out into all lands; / and their words into the ends of the world.

IN them hath he set a tabernacle for the sun; / which cometh forth as a bridegroom out of his chamber, and rejoiceth as a giant to run his course.

It goeth forth from the uttermost part of the heaven, and runneth about unto the end of it again; / and there is nothing hid from the heat thereof.

THE law of the LORD is an undefiled law, restoring the soul; / the testimony of the LORD is sure, and giveth wisdom unto the simple.

The precepts of the LORD are right, and rejoice the heart; / the commandment of the LORD is pure, and giveth light unto the eyes.

The fear of the LORD is clean, and endureth for ever; / the judgements of the LORD are true, and righteous altogether.

More to be desired are they than gold, yea, than much fine gold; / sweeter also than honey, and the honey-comb.

Moreover, by them is thy servant taught; / and in keeping of them there is great reward.

Who can tell how oft he offendeth? / O cleanse thou me from my secret faults.

Keep thy servant also from presumptuous sins, lest they get the dominion over me; / so shall I be undefiled and innocent from the great offence.

LET the words of my mouth, and the meditation of my heart, be alway acceptable in thy sight, / O LORD, my strength and my redeemer.

**1 Corinthians 1:18-25**

For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For the foolishness of God is wiser than men, and the weakness of God is stronger than men.

*Reader* The Word of the Lord  
*People* **Thanks be to God.**

**Gradual** *Exsurge, Domine*

*Psalm 9:19,3*

Up, Lord, and let not man have the upper hand: let the heathen be judged in thy sight.

⚔. While mine enemies are driven back: they shall fall and perish at thy presence.

**Tract***Ad te levavi**Psalm 123:1-4*

Unto thee lift I up mine eyes: O thou that dwellest in the heavens.

✠ Behold, even as the eyes of servants: look unto the hand of their masters.

✠ And as the eyes of a maiden: unto the hand of her mistress.

✠ Even so our eyes wait upon the Lord our God: until he have mercy upon us.

✠ Have mercy upon us, O Lord: have mercy upon us.

**The Gospel***St John 2:13-22**Celebrant*

The Lord be with you.

*People***And with thy spirit.***Celebrant*

✠ The Holy Gospel is written in the second chapter of the Gospel according to St John, beginning at the thirteenth verse.

*People***Glory be to thee, O Lord.**

The Passover of the Jews was at hand, and Jesus went up to Jerusalem. In the temple he found those who were selling oxen and sheep and pigeons, and the money-changers sitting there. And making a whip of cords, he drove them all out of the temple, with the sheep and oxen. And he poured out the coins of the money-changers and overturned their tables. And he told those who sold the pigeons, "Take these things away; do not make my Father's house a house of trade." His disciples remembered that it was written, "Zeal for your house will consume me."

So the Jews said to him, "What sign do you show us for doing these things?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "It has taken forty-six years to build this temple, and will you raise it up in three days?" But he was speaking about the temple of his body. When therefore he was raised from the dead, his disciples remembered that he had said this, and they believed the Scripture and the word that Jesus had spoken.

*Celebrant*

The Gospel of the Lord.

*People***Praise be to thee, O Christ.****Sermon**

Fr David Rathes

**Nicene Creed***Merbecke**Celebrant*

I BELIEVE in one God

*Cantor*

the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead,

✠ And the Life of the world to come. Amen.



## THE INTERCESSION

*A server leads the prayers for the Church, ending each petition with:*

*Reader* Lord, in thy mercy,  
*People* **Hear our prayer.**

## The Invitation to Confession and Absolution

*Celebrant* YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

*All* **ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

*Celebrant* ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## THE OFFERTORY

**Offertory** *Justitiæ Domini*

*Psalm 19:9-11*

The statutes of the Lord are right, and rejoice the heart: sweeter also than honey and the honeycomb; moreover by them is thy servant taught.

**Offertory Hymn**

*Iste Confessor*

1. LORD of our life, and GOD of our salvation,  
Star of our night, and Hope of every nation,  
Hear and receive thy Church's supplication,  
LORD GOD Almighty.
2. See round thine ark the hungry billows curling;  
See how thy foes their banners are unfurling:  
LORD, while their darts envenomed they are hurling,  
Thou canst preserve us.
3. LORD, thou canst help when earthly armour faileth,  
LORD, thou canst save when deadly sin assaileth,  
LORD, o'er thy Church nor death nor hell prevaieth;  
Grant us thy peace, LORD.
4. Grant us thy help till foes are backward driven,  
Grant them thy truth, that they may be forgiven,  
Grant peace on earth, and, after we have striven,  
Peace in thy heaven.

**Secret (Prayer over the Gifts)**

*Celebrant* WE beseech thee, O Lord, that this oblation may cleanse us from our sins: and sanctify thy servants both in body and mind for the celebration of this sacrifice; through Jesus Christ, thy Son our Lord, who liveth and reigneth with thee in the unity of the Holy Ghost, ever one God, world without end. **Amen.**

**Mass Intentions of the Day**

*Celebrant* Pray, brethren, that my sacrifice and yours be acceptable unto God the Father Almighty.  
*People* **May the Lord receive the sacrifice at thy hands, to the praise and glory of His Name, to our benefit and to that of all His Holy Church.**

**THE CANON OF THE MASS**

*Celebrant* THE Lord be with you;  
*People* **And with thy spirit.**

*Celebrant* Lift up your hearts;  
*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God;  
*People* **It is meet and right so to do.**

*Celebrant* IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

**Sanctus and Benedictus**

*Merbecke*

HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.

BLESSED ✠ is he that cometh in the Name of the Lord: Hosanna in the highest.

*Celebrant* BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. ✠ Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. ✠

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

*People* **Amen.**

## **THE COMMUNION**

### **The Lord's Prayer**

*Celebrant* Let us pray. As our Saviour Christ hath commanded and taught us, we are bold to say,  
*All* **Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

### **The Fraction and Pax**

*Celebrant* The Peace of the Lord be always with you.  
*People* **And with thy spirit.**

### **The Prayer of Humble Access**

*All* **We do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

### **Agnus Dei**

*Merbecke*

O LAMB of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, grant us thy peace.

### **Invitation to Communion**

*Celebrant* Behold the Lamb of God ...  
*All* **Lord, I am not worthy that Thou shouldst come under my roof, but speak the word only and my soul shall be healed.**

### **Communion** *Passer invenit*

*Psalms 84:3-4*

The sparrow hath found her an house, and the swallow a nest where she may lay her young: even thy altars, O Lord of hosts, my King and my God. Blessed are they that dwell in thy house: they will be always praising thee.



## Act of Spiritual Communion

*In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.*

*May the Body and Blood of our Lord Jesus Christ preserve my body and soul unto everlasting life. Amen.*

## THANKSGIVING AND DISMISSAL

### Prayer after Communion

*Celebrant* ALMIGHTY and everliving God,

*All* we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

### The Blessing

*Celebrant* THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, ✠ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. Amen.

### The Dismissal

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Let us depart in peace.

*People* **Thanks be to God.**

### Post-Communion Hymn

*Cwm Rhondda*

1. GUIDE me, O thou great Redeemer,  
Pilgrim through this barren land;  
I am weak, but thou art mighty;  
Hold me with thy powerful hand:  
Bread of heaven,  
Feed me till I want no more.
2. Open now the crystal fountain,  
Whence the healing stream doth flow;  
Let the fiery cloudy pillar

- Lead me all my journey through:  
Strong Deliverer,  
Be thou still my strength and shield.
3. When I tread the verge of Jordan,  
Bid my anxious fears subside;  
Bear me through the swelling current,  
Land me safe on Canaan's side:  
Songs of praises  
I will ever give to thee.

## *In memoriam*

The Light before the Blessed Sacrament burns to the Glory of God and in remembrance of John Colbert.

The Light at the Lady Altar burns to the Glory of God and in fond remembrance of Valerie Judge.

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# St. Barnabas, Apostle and Martyr

The Anglo-Catholic Parish in the Diocese of Ottawa  
Celebrating 132 years of worship and service: 1889-2021

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