FEBRUARY

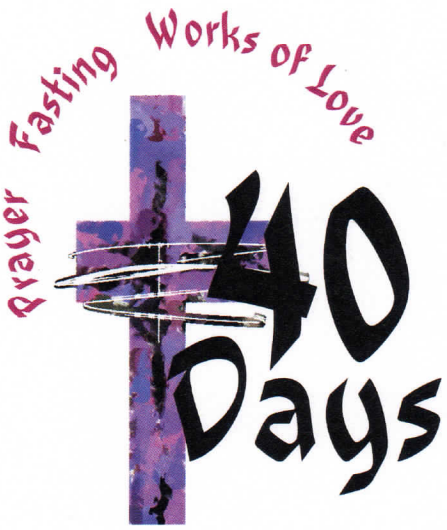
ST. BARNABAS A & M OTTAWA, NEWS AND EVENTS

Lent Study - Why Beauty Matters.

Tuesday evenings in Lent from 7pm - 8:30pm with the leadership of the Rev. Deacon James Mosher. We will be exploring a variety of themes by the noted philosopher Roger Scruton. Each evening will have a video presentation followed by a time of reflection and discussion. The topics to be covered: Why Beauty Matters; On Moral Relativism; The True, the Good and the Beautiful; Prayer; and the Religion of Rights.

Annual Vestry Meeting. Feb. 25th.

The annual Vestry meeting will follow the high Mass on Feb. 25th. The full Vestry report will be available on the Parish website for your review and printing. Only a limited number of print copies will be available. Plan now to attend.



LENT 2018

The holy season of Lent, the 40 days before Easter, is a gift of time where we are invited to pause in the midst of our busy lives to reflect on our life of faith. Ash Wednesday begins this Holy Season with a call to repentance and to a deeper engagement with our Faith and to nurture our life in Christ through prayer, worship, study and service. During Lent we are invited to set aside some of our regular activities to free up time in our daily routines for reflection and renewal. Your Parish has many resources to help during Lent. Our daily reading booklets, Lenten Study group, Lenten Quiet Day, the Parish Library, Stations of the Cross and daily Mass are all resources to assist you on your Lenten journey.

Mass Times

The Parish offers three Masses on Ash Wednesday to enable as many people as possible to fulfill their obligation.

7:30am Low Mass BCP
10:00am Low Mass. BCP
7:30pm Solemn High Mass BAS

Each service is centred on the themes of repentance and renewal. The imposition of ashes - made from Palm Crosses from last year - is an integral part of the liturgy. The sign of ashes on our foreheads is an outward sign of our desire as individuals and as a community to draw closer to Christ during Lent.

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Upcoming Events

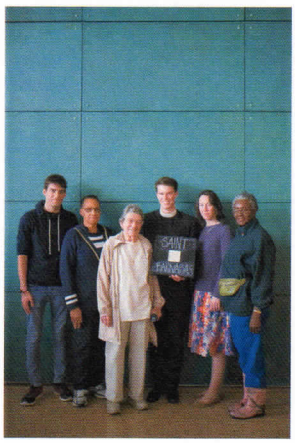
Monthly Commitea is on Wed. Feb. 14th 2pm - 3:30pm

Solemn Evensong and Benediction - Feb. 18th @ 7pm.

Lenten Quiet Day March 7th 9am - 3pm. Experiencing God . Our missioner is Fr. John Organ of St. Martin's Ottawa.

SHROVE TUESDAY PANCAKE SUPPER - FEBRUARY 13TH

Plan now to attend this annual event, as we enjoy pancakes, gluten free latkes and sausages . All proceeds go to support the many Outreach ministries of our Parish. Join us from 5:30pm - 7:30pm in the Parish Hall. The tickets are $8 for adults, $5 for 6 - 12, under 5 free. A family rate is also available. Many thanks to Yvonne Moses - chair of the Parish Outreach Committee, for once again organizing this event.



A photo of Team St. Barnabas that participated in the annual walkathon for the Centretown Emergency Food Centre. The Food centre is part of the Centretown Churches Social Action Committee - CCSAC. Over the $1,000 was raised to support our neighbours in Centretown.

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A group from St. B's and friends visited the Cover Bridge micro brewery in Stittsville on Sat. Jan. 14th - a new Epiphany Tradition in the making !! The next event for the group is on Sat. March 3rd at 10:00am: Mattins and Mimosas. Also on the menu will also be pancakes, sausages, baked beans and fruit. Watch for more details in the Sunday Bulletin.